

BREAKFAST

AVAILABLE UNTIL 2PM

ISLAND BREAKFAST 18

two eggs your style, two slices of bacon, two slices of ham, and two sausage links, served with crispy home-style potato and toast

SIMPLE CHEF BREAKFAST 14

two eggs your style, choice of bacon, ham or sausage, served with crispy home-style potato and toast

SERVED WITH FREE COFFEE!

~ except on weekends or holidays ~

HUEVOS RANCHEROS 18

two eggs, black bean mix, cheddar, avocado, tomato, green onion, cilantro, comfort hot sauce, two crispy tortillas, served with crispy home-style potato

~ **ADD** ~ chorizo sausage ~\$3

BUTTERMILK PANCAKES 14

three buttermilk pancakes, berry compote, whipped cream

BENEDICT

SERVED WITH CRISPY HOME-STYLE POTATO ON CHOICE OF BISCUIT OR ENGLISH MUFFIN

CLASSIC 17

grilled ham, poached egg, hollandaise

BACON FLORENTINE 17

bacon, spinach, goat cheese, poached egg, hollandaise

SOUTHWEST CHORIZO 18

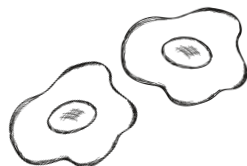
chorizo, black bean mix, salsa fresca, poached egg, chipotle hollandaise

BC BENNY 17

bacon, cheddar, sauteed peppers, poached egg, hollandaise

SMOKED SALMON PESTO 18

served cool, salmon lox, pesto cream cheese, fried capers, poached egg, lemon infused hollandaise



GARDEN SKILLET 15

two eggs your style, sauteed pepper, zucchini, caramelized onion, cheddar, fresh diced tomato, green onion, on crispy home-style potato

PULLED PORK SKILLET 17

two eggs your style, braised pulled pork, muddy water bbq sauce, sauteed pepper, swiss cheese, fresh diced tomato, crispy fried onion, on crispy home-style potato

FRITO BANDITO BURRITO 17

crispy fried burrito with scrambled egg, chorizo, cheddar, rancheros black bean mix, sauteed pepper and onion, served with salsa & crispy home-style potato

BREAKFAST SANDWICH 14

scrambled egg, ham, cheddar, grilled tomato, chipotle aioli, choice of bread, served with crispy home-style potato

OMELETTE

SERVED WITH CRISPY HOME-STYLE POTATO AND CHOICE OF TOAST OR ENGLISH MUFFIN

A BOY NAMED SUE 16

spinach, mushroom duxelle, goat cheese

ROCK ISLAND LINE 16

ham, sauteed peppers, cheddar, green onion

FOLSOM PRISON 16

ham, bacon, sausage, cheddar

SIDES

1 EGG (COOKED)	3
2 SLICES OF BACON	3
1 SAUSAGE	3
2 SLICES OF HAM	3
1 BUTTERMILK PANCAKE	5
TOAST OR ENGLISH MUFFIN	3
HOUSE-MADE BISCUIT	4
SIDE HOME-STYLE POTATO	5
SIDE FRESH FRUIT	4
SIDE GRILLED TOMATO	4

LUNCH & DINNER

AVAILABLE AFTER 11AM

STARTERS

SNACKS AND SMALL MEALS

- CLASSIC POUTINE** 11
white cheddar curds, montreal gravy
- PARMESAN TRUFFLE FRIES** 8
garlic-truffle oil, parmesan cheese
- DIRTY CREOLE FRIES** 8
butter, blackening cajun spice
- DEEP FRIED PICKLES**  11
crispy fried dill pickle slices,
chipotle aioli
- CHICKEN TENDERS & FRIES** 16
three house-battered chicken tenders,
house-made ranch, house-cut fries
- POTATO SKINS** 13
crispy fried potato skins, bacon,
cheddar, green onion, sour cream, salsa
- RED PEPPER HUMMUS** 8
roasted red pepper, fresh and pickled
vegetables, served with garlic toast
- SZECHUAN LETTUCE WRAPS** 15
orange-ginger szechuan sauce, crispy
chicken, green onion, gyoza strips,
cilantro, iceberg lettuce, chipotle ranch
- CAJUN CHICKEN QUESADILLA** 15
cajun chicken, roasted corn, black bean
mix, red onion, cheddar, served with
sour cream and salsa

WINGS

- CHICKEN WINGS** 18
hot, honey garlic, sexy mama, muddy
water bbq, sweet thai chili, all dressed,
suicide hot, szechuan, black & blue,
buffalo blue, maple bacon, salt &
pepper, lemon pepper, dry garlic

**ALL WING FLAVOURS ARE
GLUTEN FREE UPON REQUEST**

~ ask about our monthly feature flavour! ~

SALADS

SERVED WITH FRENCH BREAD GARLIC TOAST

- POACHED PEAR SALAD** 11-16
ginger-cinnamon poached anjou pear,
goat cheese, crispy yam chips,
cucumber, grape tomato, heritage
greens, house-made seasonal dressing
- QUINOA SALAD**  11-16
quinoa, carrot, celery, cucumber,
cranberry, yam chips, served on greens,
tossed in house-made seasonal dressing
- CAESAR SALAD** 11-15
crisp romaine, house-made caesar
dressing, parmesan, crispy capers,
house-made crouton
- HOUSE GREEN SALAD** 11-15
heritage greens, cucumber, cranberry,
yam chips, grape tomato, toasted
almonds, house-made seasonal dressing

ADD CHICKEN ~ add a grilled chicken breast
to any salad for \$6



BIG FORKERS

- FISH & CHIPS**
beer battered cod loin, house slaw,
white truffle tartar sauce
- 1 PIECE** 16
2 PIECE 19
- SZECHUAN RICE BOWL**  17
sauteed chicken breast, orange-ginger
szechuan sauce, peppers, peas, carrots,
celery, zucchini, green onion, basmati
rice, sesame seeds
- PESTO CHICKEN PASTA** 17
sauteed chicken breast, pesto cream
sauce, cherry tomato, red onion,
peppers, penne noodles, parmesan,
served with french bread garlic toast

VEGETARIAN? ~ ask for no chicken with your
szechuan rice bowl or pesto pasta
and receive double the veggies!

GOURMET BURGERS

WITH CHOICE OF SOUP, SALAD, OR FRIES

BURGER NEXT DOOR 18

angus beef, bacon, cheddar, crispy fried onions, lettuce, tomato, pickle, sweet onion relish, house aioli

MUSHROOM SWISS 18

angus beef, mushroom duxelle, swiss cheese, lettuce, tomato, pickle, sweet onion relish, house aioli

BIG KAHUNA 18

angus beef, muddy water bbq sauce, swiss cheese, avocado, lettuce, tomato, pickled shallots, chipotle aioli

EL DIABLO 18

angus beef, muddy water bbq sauce, bacon, cheddar, fried jalapeno, lettuce, tomato, pickled shallot, garlic aioli

NATURE BURGER 18

garden vegetarian patty, goat cheese, mushroom duxelle, lettuce, tomato, pickled shallot, red pepper hummus

WHAT THE CLUCK? 18

grilled chicken breast, bacon, smokey maple glaze, swiss cheese, lettuce, tomato, roasted garlic aioli

RAGIN CAJUN 18

grilled cajun chicken breast, cheddar, lettuce, tomato, chipote aioli

SANDYS & WRAPS

WITH CHOICE OF SOUP, SALAD, OR FRIES

CHICKEN BACON CLUB WRAP 18

grilled cajun breast, bacon, cheddar, lettuce, tomato, house-made ranch

PULLED PORK 18

braised pulled pork, muddy water bbq sauce, southern coleslaw, chipotle aioli

TRIPLE DECKER CLUBHOUSE 18

three tiers of toasted bread, grilled chicken breast, bacon, cheddar, lettuce, tomato, chipotle aioli

SIDES & SUBS

CUP OF HOUSE-MADE SOUP 7

BOWL SOUP & GARLIC TOAST 9

SIDE GRAVY 3

SIDE OF FRIES; 5

handcut fries, waffle fries,
yam fries, tater tots

SUB WAFFLE 3

SUB YAM FRIES 3

SUB TATER TOTS 3

SUB TRUFFLE FRIES 5

SUB DIRTY CREOLE FRIES 5

SUB POUTINE 5

ADD PROTEIN; 6

chicken breast,
angus beef burger patty,
garden veggie patty



DESSERT

AVAILABLE AFTER 11AM

CHOCOLATE TORTE 8

dense and rich chocolate torte, served with chunks of dark chocolate, drizzled with berry coulis, topped with whipped cream

PEANUT BUTTER CHEESECAKE 8

creamy peanut butter cheesecake, baked in an oreo cookie crust, caramel drizzle, chunks of dark chocolate, topped with whipped cream

ORCHARD APPLE CRUMBLE 8

warm apple crumble, cinnamon toasted apples, drizzled with caramel, topped with ice cream

DEEP FRIED CHEESECAKE 8

creamy cheesecake, crispy fried cinnamon & sugar coating, drizzled with berry coulis and dark chocolate, topped with whipped cream